Chronicles & Coffee

Happy Hour Snacks!

Chronicles & Coffee

Deep Breathing Exercises

Hand & Arm Massages

Happy Hour Snacks!

Chronicles & Coffee

Guided Meditation

Hand & Arm Massages

Happy Hour Snacks!

Guided Painting w/ Bob Ross

Brainteasers/Memory Match

Bird Care

Bird Care

Sensory Sand Seek & Dig

"What Do You Think?" Game

Live Catholic Mass (YouTube) Trivia/Memory Match Puzzle Music & Movement **Board Games & Crafts**

Lemonade Social & Snacks Guardians Game @ 1:40p.m.

Chronicles & Coffee Live Catholic Mass (YouTube) Seated Yoga Family Feud/Jeopardy-Jazzy Afternoon Oldies Music/TV programs- "Let's Reminisce!" Weekend Movie Matinee

Live Catholic Mass (YouTube)

Lemonade Social & Snacks

Guardians Game @ 1: 40p.m.

Chronicles & Coffee

Seated Stretches

Music & Movement Jewelry Making

Afternoon Tea Party!

18 Chronicles & Coffee Catholic Church Visit Guided Meditation MC Collage/Flower Project* Music & Movement Evening Oldies TV Programs

Afternoon Tea Party!

25 Chronicles & Coffee Catholic Church Visit **Seated Exercise** Music & Movement: 1950s Sock Hop Classics! Cooking Club: Blueberry Mini Muffins Afternoon Tea Party!

Happy Hour Snacks!

19 Chronicles & Coffee **Seated Exercises** Trivia/Family Feud Oldies Music Mashup-Jazzy **Guided Arts/Crafts** Bird Care

Happy Hour Snacks!

26 Chronicles & Coffee **Seated Stretches** Trivia & "This or That!" Memory Puzzles Whimsical Painting/Crafts Music Mashup Bird Care **Happy Hour Snacks!**

Music with Melissa: 2:45p.m.

21 Chronicles & Coffee 20 Chronicles & Coffee Catholic Communion Visit Music & Movement Paint On The Patio & Snacks' Trivia/Brainteasers **Evening Movie Matinee**

27 Chronicles & Coffee

Guided Meditation

Catholic Communion Visit

Brainteasers/Memory Match

Music with Melissa: 2:00p.m.

Relax & Craft On The Patio

Evening Movie Matinee

Rick Steve's Travel Bird Care

Movement

Seated Stretches

Oldies Music Mashup &

Feast of the Assumption

Happy Hour Snacks

28 Chronicles & Coffee **Seated Exercise** Music & Movement Movie Trivia & Puzzles Rick Steve's Travel Bird Care

29 Chronicles & Coffee 30 Nail Care & Polish Deep Breathing Exercise Carefree Music & Snacks Weekend Movie Matinee

Trivia/Memory Puzzles

Weekend Movie Matinee

Tell a Joke Day

Seated Exercise/Stretches

"Hot Potato!" Game On Patio*

Chronicles & Coffee Nail Care & Polish

Music & Movement

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Assorted Games At Various Tables! **Happy Hour Snacks!**

Assorted Game Day

MEMORY CARE ACTIVITIES

Eliza at Chagrin Falls



^{**}Life Enrichment activities in Memory Care are flexible to meet the needs & abilities of our residents. All Life Enrichment plans are subject to change and/or cancellation at any time to fit those needs/abilities.**