

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1>				Chronicles & Coffee 1 Bird Care Catholic Communion Visit Guided Meditation Art & Crafts Circle Talk: Welcome New Year. New Year's Day	Chronicles & Coffee 2 Dance & Movement Art & Crafts Storytime: Chicken Soup for the soul. First Night Happy Hour !	Chronicles & Coffee 3 Art & Crafts Music & Movement Weekend Movie
Chronicles & Coffee 4 Live Catholic Mass (Youtube) Seated Yoga Art & Crafts Weekend Sport Tv	Chronicles & Coffee 5 Arm & Legs Exercises Art & Crafts Game: Ball Toss Sing-A- Long Happy Hour !	Chronicles & Coffee 6 Bird Care Music & Movement Art & Crafts Hand & Finger Massages Snack: Hot Coco W/cream	Chronicles & Coffee 7 Seated Stretches Art & Crafts Storytime: Chicken Soup for the soul. How much love can you fit in a shoebox? Happy Hour !	Chronicles & Coffee 8 Bird Care Catholic Communion Visit Guided Meditation Art & Crafts Circle Talk: Trips around the world.	Chronicles & Coffee 9 Dance & Movement Art & Crafts Storytime: Chicken Soup for the soul. The Storyteller Happy Hour !	Chronicles & Coffee 10 Nail Care & Hand Washing Art & Crafts Music & Movement Weekend Movie
Chronicles & Coffee 11 Live Catholic Mass (Youtube) Seated Yoga Nail Care & Hand Washing Art & Crafts Weekend Sport Tv	Chronicles & Coffee 12 Arm & Legs Exercises Art & Crafts Game: Word Game Sing-A- Long Happy Hour !	Chronicles & Coffee 13 Bird Care Music & Movement Art & Crafts Hand & Finger Massages Snack : Cookies & Milk	Chronicles & Coffee 14 Seated Stretches Art & Crafts Storytime: Chicken Soup for the soul. A Hand to Hold Happy Hour !	Chronicles & Coffee 15 Bird Care Catholic Communion Visit Guided Meditation Art & Crafts Circle Talk : What Winter Game was your Favorite?	Chronicles & Coffee 16 Dance & Movement Art & Crafts Storytime: Chicken Soup for the soul. The Bus Doesn't Stop Here Anymore Happy Hour !	Chronicles & Coffee 17 Art & Crafts Music & Movement Weekend Movie
Chronicles & Coffee 18 Live Catholic Mass (Youtube) Seated Yoga Art & Crafts Weekend Sport Tv	Chronicles & Coffee 19 Arm & Legs Exercises Art & Crafts Game: Bingo Sing-A- Long Happy Hour ! Martin Luther King Jr. Day	Chronicles & Coffee 20 Bird Care Music & Movement Art & Crafts Hand & Finger Massages Snack: Pop Corn & Juice	Chronicles & Coffee 21 Seated Stretches Art & Crafts Storytime: Chicken Soup for the soul. A simple Act Happy Hour !	Chronicles & Coffee 22 Bird Care Catholic Communion Visit Guided Meditation Art & Crafts Circle Talk: What Kind Of Music you like to hear?	Chronicles & Coffee 23 Dance & Movement Art & Crafts Storytime: Chicken Soup for the soul. My Name is Mommy Happy Hour !	Chronicles & Coffee 24 Nail Care & Hand Washing Art & Crafts Music & Movement Weekend Movie
Chronicles & Coffee 25 Live Catholic Mass (Youtube) Seated Yoga Nail Care & Hand Washing Art & Crafts Weekend Sport Tv	Chronicles & Coffee 26 Arm & Legs Exercises Art & Crafts Game: Puzzles Sing-A- Long Happy Hour ! Australia Day (Observed)	Chronicles & Coffee 27 Bird Care Music & Movement Art & Crafts Hand & Finger Massages Snack: Raw Vegetables & Dip	Chronicles & Coffee 28 Seated Stretches Storytime: Chicken Soup for the soul. Hope Art & Crafts Happy Hour !	Chronicles & Coffee 29 Bird Care Catholic Communion Visit Guided Meditation Art & Crafts Circle Talk : What is your Favorite Winter Movie?	Chronicles & Coffee 30 Dance & Movement Art & Crafts Storytime: Chicken Soup for the soul. Love Notes Happy Hour !	Chronicles & Coffee 31 Art & Crafts Music & Movement Weekend Movie

* Life Enrichment activities in Memory Care are flexible to meet the needs & abilities of our residents. All Life Enrichment plans are subject to change and / or cancellation to any time to fit those needs/ abilities.*