

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Chronicles & Coffee Live Catholic Mass (Youtube) Seated Yoga Arts & Crafts Nail Care (Red or Pink) your pick. Game: Ball Toss Super Bowl Watch Party Tu B'Shevat Begins	1	Chronicles & Coffee Arm & Leg Exercises Watch Groundhog fun on tv news Arts & Crafts Game: Ring Toss Watch Movie: Groundhog Day Happy Hour Groundhog Day	2	Chronicles & Coffee Bird Care Music & Movement Arts & Crafts Hand Washing & Massages Snack: Hot Coco and Cookies Game: Name That Tune	3	Chronicles & Coffee Seated Stretches Arts & Crafts Sing-A-Long Story Time: The Gift Game: Color Match Happy Hour	4	Chronicles & Coffee Bird Care Catholic Communion Visit Guided Mediations Art & Crafts Circle Talk : The Word Love Means to me	5	Chronicles & Coffee Dance & Movement Art & Crafts Hand Washing & Massages Game: BINGO Happy Hour	6	Chronicles & Coffee Art & Crafts Relax and Music Nail Care (Men) Snack: Chips & Dip Weekend Movie: I'll see you in my dream	7
Chronicles & Coffee Live Catholic Mass (Youtube) Seated Yoga Arts & Crafts Nail Care (Red or Pink) your pick. Game: Ball Toss Sports on Tv	8	Chronicles & Coffee Arm & Leg Exercises Arts & Crafts Game: Ring Toss Make Valentines Cards Watch Movie: The Notebook Happy Hour	9	Chronicles & Coffee Bird Care Music & Movement Arts & Crafts Hand Washing & Massages Snack: Chocolate Covered Strawberries Game: How Many Words Can You Find	10	Chronicles & Coffee Seated Stretches Arts & Crafts Sing-A-Long Story Time: Legacy of Love Game: BINGO Happy Hour	11	Chronicles & Coffee Bird Care Catholic Communion Visit Guided Mediations Art & Crafts Circle Talk : What's your Favorite Candy ?	12	Chronicles & Coffee Dance & Movement Art & Crafts Hand Washing & Massages Game: Word Pop Valentine Party @ Happy Hour	13	Chronicles & Coffee Art & Crafts Relax and Music Nail Care (Men) Snack: Veggies & Dip Weekend Movie: Grumpy old men Valentine's Day	14
Chronicles & Coffee Live Catholic Mass (Youtube) Seated Yoga Arts & Crafts Nail Care (Purple or Yellow) your pick. Game: Ball Toss Sports on Tv	15	Chronicles & Coffee Arm & Leg Exercises Arts & Crafts Game: Ring Toss Watch Movie: The Sound Of Music Happy Hour Presidents' Day (U.S.)	16	Chronicles & Coffee Bird Care Music & Movement Arts & Crafts Hand Washing & Massages Snack: Cupcakes & Juice Game: Can You Guess What Comes Next Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	17	Chronicles & Coffee Seated Stretches Arts & Crafts Sing-A-Long Story Time: Love Notes Game: Guess the Animal Happy Hour	18	Chronicles & Coffee Bird Care Catholic Communion Visit Guided Mediations Art & Crafts Circle Talk : Love Letter to my Love ones.	19	Chronicles & Coffee Dance & Movement Art & Crafts Hand Washing & Massages Game: Match The Color Happy Hour	20	Chronicles & Coffee Art & Crafts Relax and Music Nail Care (Men) Snack: Cookies & Milk Weekend Movie: Book Club	21
Chronicles & Coffee Live Catholic Mass (Youtube) Seated Yoga Arts & Crafts Nail Care (Light or Bright) your pick. Game: Ball Toss Sports on Tv	22	Chronicles & Coffee Arm & Leg Exercises Arts & Crafts Game: Ring Toss Watch Movie: Never to Late to Love Happy Hour	23	Chronicles & Coffee Bird Care Music & Movement Arts & Crafts Hand Washing & Massages Snack: Cookies & Milk Game: BINGO	24	Chronicles & Coffee Seated Stretches Arts & Crafts Sing-A-Long Story Time: One Rose Game: Balloon pop Happy Hour	25	Chronicles & Coffee Bird Care Catholic Communion Visit Guided Mediations Art & Crafts Circle Talk : My Favorite Love Song.	26	Chronicles & Coffee Dance & Movement Art & Crafts Hand Washing & Massages Game: Memory Game Happy Hour	27	Chronicles & Coffee Art & Crafts Relax and Music Nail Care (Men) Snack: Fruit Salad Weekend Movie: Fried Green Tomatoes	28

* Life Enrichment activities in Memory Care are flexible to meet the needs & abilities of our residents. All Life Enrichment plans are subject to change and/ or cancellation to any time to fit those needs/ abilities.*